

Chronic Care Management

About the Wayne Health Chronic Care Management Program

Our care managers partner with patients to empower them to take an active role in managing their chronic medical conditions. They will educate and encourage patients to actively participate in making lifestyle changes to better manage their chronic conditions, to help minimize complications and hospitalizations. Our team is here to help you achieve your optimal physical and emotional health while managing your chronic conditions.

Program Benefits

- A personalized care plan with support to overcome barriers to your success
- An easy, efficient way for you to get answers and advice in-between your scheduled physician appointments
- Education and resources to help you better manage your medical conditions

COMMON CHRONIC CONDITIONS

ASTHMA
COPD
DEPRESSION
DIABETES
HEART DISEASE
HIGH BLOOD PRESSURE
MANY OTHERS

Please speak with your provider at your next scheduled visit to learn more or to enroll.

HOW YOUR CARE MANAGER CAN ASSIST YOU



COORDINATE

- Work with your primary care physician to coordinate your care
- Help you get answers and advice between scheduled physician appointments
- Offer guidance in accessing local resources



EDUCATE

- Share lifestyle changes that will help you meet goals and better manage your medical conditions
- Help you understand your medical conditions and prescribed medications

HOW TO WORK WITH YOUR CARE MANAGER



COMMUNICATE

- Speak with your Care Manager in person or by phone about your health.
- Be honest with your Care Manager – they will not judge or shame you
- Call your primary care physician office if you are seen in Urgent Care, Emergency Room or Hospital



COMMIT

- Keep all follow-up appointments with your physicians
- Take medications as prescribed, advise your doctor if you decide to stop any medication or if other medical providers make medication changes
- Be willing to learn about your medical conditions and take an active role in managing your medical care

Please speak with your provider at your next scheduled visit to learn more or to enroll.